REPRODUCTIVE WELLNESS

ACUPUNCTURE & INTEGRATIVE MEDICINE

Fertility Patient Information Form

Current Diagnosis

Patient Name: _____ Age: _____ Years trying to conceive: ____

Number of	
Pregnancies	
Cesarean Births	
Vaginal Births	
Abortions	
Miscarriages	
Failed IUI's	
Failed IVF's	

Occupation: _____

Hobbies / Interests: _____

Husband: _____ Occ: _____ Age:_____

Male Factor: _____

Children: Name(s)/Age(s): _____

Important Clinical Notes:

_____

_____

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_____

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_____

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Western Diagnosis for Infertility:

_____

OB/GYN: _____ **R.E.**

_____

REPRODUCTIVE WELLNESS

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Major Fertility Signs and Symptoms: _____ Cycle Days _____ Days of Bleeding
Regular / Erratic: _____ Clotting: _____ Spotting:
_____
PMS Signs: _____ Pain:
_____
Cervical Mucus: _____ Ovulation:
_____
Color of Blood: _____ Notes:
_____

Practitioner: _____ Date:
_____

Menstrual and Fertility Update - *At a Glance*

Patient Name: _____

Describe your current menstrual cycle for each of the questions:		Cycle # 1	Cycle # 2	Cycle # 3	Cycle # 4	Cycle # 5	Cycle # 6	Cycle # 7	Cycle # 8
# of days in your Menstrual Cycle									
What cycle day did you ovulate?									
Number of days above 98°	Before Ovulation								
	After Ovulation								
Number of days below 97°	Before Ovulation								
	After Ovulation								
Did you have abundant, stretchy, clear cervical mucus?		☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No
- If not what did you have?									
Did you experience spotting or cramping at ovulation?		☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No	☐ Yes ☐ No
What symptoms of PMS did you experience?									
Did you have clotting? Size of clots - Dime? Nickel? Quarter?									
Did you have menstrual pain?									
How many days did you bleed?									
Did you have spotting prior to cycle day one?									
How long would it take for you to soak a tampon/pad?									

Menstrual and Fertility Update - *At a Glance*

Medications and Fertility Drugs								

History of Procedures / Surgeries:

Doctor's Notes: