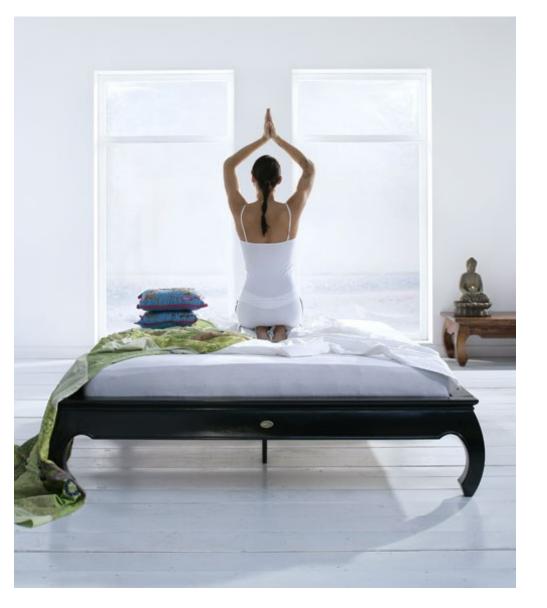
Fertility Workshop Mind * Body * Yoga * You

Reproductive Wellness & Hapa Yoga invite you to a workshop dedicated to you and your fertility. Learn tools to help improve your chances of a healthy and natural pregnancy.



Saturday, October 19th 2:00-4:30 PM

Location: Hapa Yoga | Cost \$30 * 4242 Camino Del Rio N. #10 92108

2:00 Registration

2:15 Introduction

2:30 Fertility Yoga (50 Mins)

3:25 Fertility Guided Imagery & Meditation

3:45 Nutrition and Lifestyle

*\$10 Discount for Reproductive Wellness & Hapa Yoga Clients

Space is Limited. Inquire & Reserve:

ana@reproductivewellness.com (858) 381-2281 * www.hapayoga.com



